

Paul Williams and Dr Niikee'sha Fae are thrilled to invite you, to join them on an Adventure of Spirit and into Divine Union within your most Sacred Relationships!

Teaming up on the Spellbinding Hawaii Island, surrounded by the lush landscapes and cultural heritage this region is famous for...

Sept 17th - Sept 23rd, 2025

**Divine Union** 



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Upon arrival on the Big Island of Hawaii, you'll make your way to the stunning Hawaii Retreat Center, located amidst the island's lush tropical beauty. This serene sanctuary is approximately 45 minutes from Kona International Airport, offering a breathtaking journey through Hawaii's diverse landscapes.

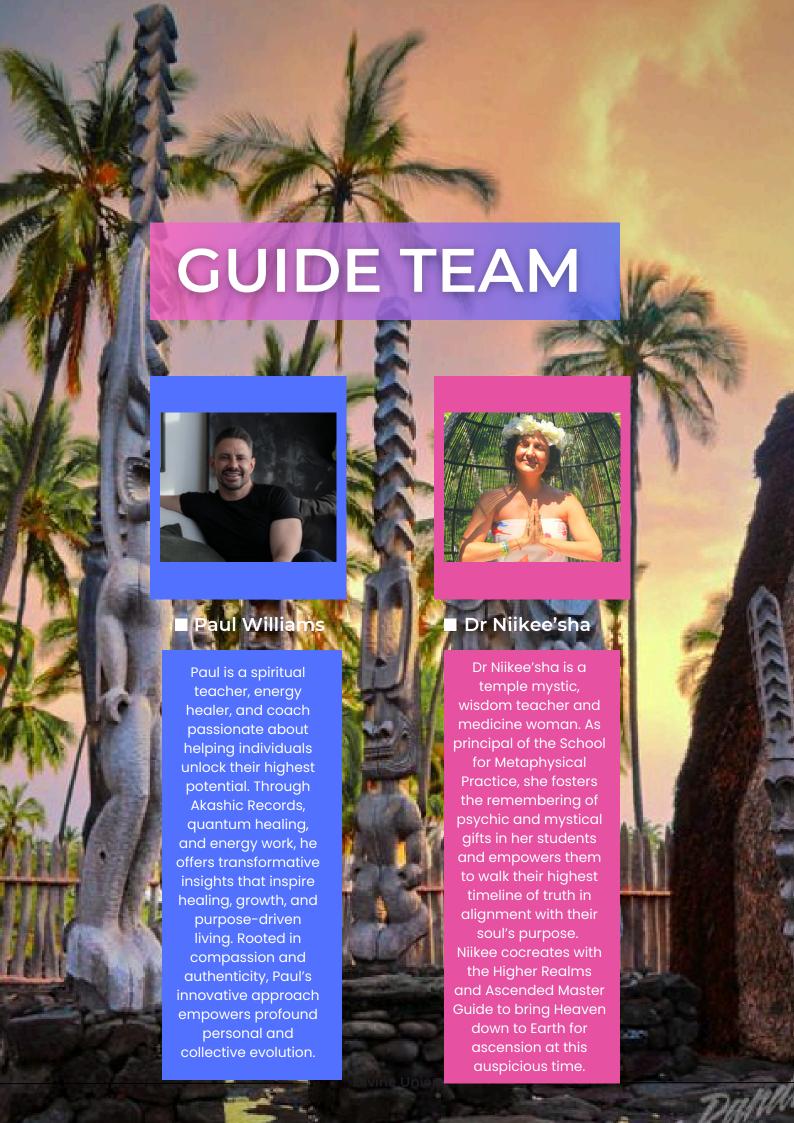
The retreat center is nestled in a peaceful haven surrounded by vibrant flowers, tropical greenery, and the beautiful ocean. Just a short drive from some of Hawaii's most iconic beaches and cultural landmarks, it offers the perfect balance of tranquility and accessibility.

The view from the retreat is quintessential Hawaii: swaying palm trees, vibrant sunsets that light up the sky, and the soothing melodies of waves and native birdsong. It's the ideal setting to relax, recharge, and immerse yourself in the island's magical energy.



Our days will be a harmonious blend of teachings and experiential practices, focusing on the Divine Feminine and Masculine energies. Together, we will explore how these sacred aspects weave through our lives, bringing balance, empowerment, and connection. The retreat will be enriched with moments of sharing and introspection—both individually and in the supportive embrace of the group.

There will also be time for relaxation and exploration. We will be nourished with fresh, locally sourced vegetarian cuisine, lovingly crafted by the skilled cooks at the Retreat Center, ensuring that every meal supports your journey of renewal and transformation.





- Plenty of cool, comfortable clothes for practicing yoga, sitting in workshops, and going outside
- Good walking shoes for our outings
- Personal Toiletries (toothbrush, toothpaste, etc.)
- Hat + sunglasses + sunscreen + water bottle
- Natural Insect Repellant
- Swimwear for swimming at the beach and waterfall
- Earplugs if sensitive to others noise when sleeping
- Journal and pens
- Fun costume for our final celebration night
- Any crystals or other objects sacred to you that you feel to bring on your journey
- -Anything you personally require to support your journey





Please treat this journey as something Sacred as it will best support you to make the most of the experience.

In preparation, try to refrain from being intoxicated or eating unclean food too much before your arrival.

Clean energy will allow you to best integrate the experiences with clarity and surety to return home with your highest calibration frequencies...



Many visitors to Hawaii can now obtain electronic visas. For travel less than 90 days, you require the ESTA, you can complete here - https://esta.cbp.dhs.gov/

These online visas are quick and easy to request, thanks to the completely digital system. Eligible travelers simply need to complete the online form, then the approved visa is sent to you by email within 2 days.

You need to present your approved visa and passport when you arrive at immigration. Be sure you have at least 6 months validity on your passport.





## > TERMS AND CONDITIONS

Please keep in mind that it is your responsibility to ensure that you have adequate travel insurance coverage for the retreat and your entire time away from home.

You are asked to sign a waiver that you understand that Paul Williams and Dr Niikee Energy Medicine will not be held liable for any issues that arise during your travels or our retreat.

It is your responsibility to advise us of any medical conditions and if you are limited in your capacity to participate in any of our excursions.

Tipping is customary in many countries. Please keep 50USD for a group contribution for our local support people so we can show our appreciation at the end of our journey.

Also, please ensure you bring anything else that you need outside of the catering available for the duration of the retreat. It is not as simple as popping down to the store if you forget something, although there are places we can access if required.

Please reach out to us if you have any concerns, as we are here to support you as best we can in the lead-up to our epic journey together. We are also dedicated to ensuring you have a wonderful, enlightening experience during our time together.



- **Day 1** Check-in from 2pm. Dinner and Welcome Ceremony with traditional Hawaiian Blessings.
- Day 2 Morning Yoga to greet the Earth. Introduction to Elemental energies. Excursion to Pu'uhonua O Honaunau cultural park and nature walk.
- **Day 3** Morning Meditation. Visit waterfalls along Eastern Hamakua and weaving elemental water.
- **Day 4** Morning Yoga. Love languages & Sacred relationships Mary Magdalen. Exploring Divinity within the higher frequency realms.
- **Day 5** New Moon Morning Meditation and day trip to the unique green sand beach and hot springs.
- Day 6 Morning Elemental yoga. Visit Mauna Kea, the highest mountain in the region for Sunset & Stargazing.
- **Day 7** Final regression meditation, future visioning and intention setting in the New. Check out 11am.







## How to Get to Hestia Magic Retreat Centre

Kona International Airport, Hawaii Island's main airport, is just 45 minutes away from our retreat center. You can arrange a taxi, uber or other transport prior or organise when you arrive at the airport. The average cost is around \$50.

825988 A Napoopoo Rd, Captain Cook, Kealakekua Bay, Big Island, Hawaii 96704.

Located right near the Sacred Kealakekua Bay and walking distance to Manini Beach.

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